2017 World Tubing Championships celebrates winter and supports OUR Great Expansion!
February 18th & 19th

PETER ROBSON’S STORY TIME BEAR
Get your copy today!

Eleanor Robson standing in front of the last painting her husband Peter was working on before his death in 2014.

Get your copy today!
“It’s OUR Hospital” has always been more than just a slogan. It represents our passionate commitment to ensuring the patient care excellence our families and friends deserve is available at the St. Thomas Elgin General Hospital during each visit, at every stage of life, and as close to home as possible.

If you have been to OUR Hospital recently, you will have noticed that construction of the Great Expansion of our award-winning facility is well underway. And thanks to donors like you throughout every corner of St. Thomas, Elgin County, and beyond, we are just shy of our $16 million fundraising goal.

Unfortunately, it is often the last dollars that are hardest to raise and we need your support more now than ever to push us over the top!

Will you help us reach our fundraising goal? Will you invest in the healthcare of our community? Will you join retiring volunteer board members Paul Bode, Paul Collins, Ken Gadsdon, and Steve Knipe in making a gift to the largest fundraising campaign in our community’s history? Will you join new board members Kathy Cook Noble and Judy Thorner in their commitment to transforming healthcare for our entire community?

It is only because of donors like you that we are able to live our mission of supporting STEGH in the delivery of an excellent patient care experience. Please give generously today in support of the Great Expansion and the future of healthcare for all of St. Thomas and Elgin County.

Warm Regards & Appreciation,
Paul Jenkins

It is my distinct privilege to serve as the President of the St. Thomas Elgin General Hospital Foundation during this auspicious time in our community’s history.

Thanks to your support, we are on the cusp of realizing our $16 million fundraising goal. This is the single largest fundraising campaign ever to take place in our community, a project that has been embraced with open arms by individuals and businesses who call St. Thomas and Elgin County home.

What you might not know, however, is that the Great Expansion campaign now includes the purchase of a state-of-the-art CT Scanner. This will not only expand STEGH’s clinical capabilities, but reduce radiation doses, as well as further enhance acute stroke imaging.

Like you, I am a donor to OUR Hospital and believe passionately in the importance of this facility for our entire community. As a mother, wife, and business owner, I am thrilled to support this incredible project and invite you to join me in the Great Expansion of STEGH.

Sincerely,
Sandra DiMeo

MISSION
Partnering with the community to support OUR Hospital in delivering an excellent patient care experience.

VISION
To have in place a sustainable team of effective leaders, committed community partners, and Foundation programs to support on-going excellence in the patient care experience in our redeveloped Hospital.

STEWH Foundation
Board of Directors
Sandra DiMeo, President
Bill Brown, Vice President/Past President
Lyle McLean, Treasurer
Paul Jenkins, Secretary
Kathy Cook Noble
Lois Hamilton
Pat Mellor
Susan O’Brien
Dr. Christian Paradis
Dan Peterson
Melanie Taylor
Judy Thorner
Dr. Nancy Whitmore

MONDAY, MARCH 20TH IS STEGH DAY AT BOSTON PIZZA IN ST. THOMAS!
JOIN US FOR THE CHEESIEST FUNDRAISER THIS SIDE OF LAKE ERIE!
10% OF PRE-TAX REVENUE WILL BE DONATED TO OUR HOSPITAL!
IT’S THE PERFECT END TO MARCH BREAK!
My name is Yolanda Mundt and I’m the manager of Diagnostic Imaging. Prior to joining STEGH I spent 29 years working as a coordinator at St Joseph's Health Care London.

I have an extensive background working in a tertiary care centre in London as well as a small community hospital in Strathroy. These experiences - working in a busy centre with large programs, combined with working in a small community hospital - helped me prepare for my role at STEGH.

STEGH works hard to create an environment that focuses on a positive patient journey, as well as providing a great work environment for staff.

Our new CT Scanner is the first of its kind in Canada, and will help us to not only enhance our current programs by offering superior imaging, but will allow us to now offer state-of-the-art imaging.

We will have new types of scans that we did not have the ability to perform with our old technology. Increased efficiencies with the speed of scanning, as well as post imaging capabilities with computer enhanced programs, will allow our physicians to see the body in 3D, improving our ability to identify abnormalities.

To everyone who supported the CT Scanner, thank you for caring for OUR community.

- 40% - 70% Radiation dose reduction
- Acute stroke imaging
- Rapid image acquisition = decreased scan times
- Dedicated cancer imaging
- 9,188 Imaging procedures performed
My name is Eleanor Robson. My husband was the late Peter Robson. We were married for 43 years. We worked and played together 24 hours a day, travelling the world and working furiously to make our home community a better place.

To this day, I still own and operate “Peter Robson Studios” in Sparta, Ontario with my stepson, Steve. Together, we continue the legacy of Peter’s artwork, welcoming visitors from across the globe in this “labour of love.”

When Peter passed away in 2014, I needed something meaningful to do with my time that was also of service to our community. It was the way we lived when Peter was alive, and I wanted to honour his incredible life by immediately giving back to Elgin County, which had and continues to give us so much.

I first celebrated Peter’s life by joining the St. Thomas Railway City Rotary Club and later became involved with the St. Thomas Elgin General Hospital Foundation. I’ve been a key volunteer, an empathetic ear, and most recently, a director of dance routines for the Foundation’s last two galas, which raised more than $100,000 to support patient care for our families and friends who depend on OUR award-winning Hospital.
This past year, it was my honour to receive an award from the City of St. Thomas for "individual volunteer service." I believe wholeheartedly in the good of our community and that is why I have worked with the Foundation to publish Peter’s Story Time Bear in support of STEGH’s Special Care Nursery.

Peter was born in London, England in 1940, and emigrated to Canada in 1966. He won a scholarship to the Royal College of Art when he was fourteen, but being the eldest, he had to help support his family so he instead apprenticed at Canterbury Cathedral.

It was at this amazing location that Peter first learned to carve stones. For everyone who enjoys the splendour of Pinafore Park, his Circle of Life project represents Peter’s crowning sculptural achievement. And it was Peter as well who led the exterior restoration of our iconic Jumbo statue in 2010.

Peter opened his studio in Sparta over 35 years ago. He was a traditional landscape artist and many critics have praised his talent for composition and the emotional appeal that his paintings convey.

He was a philanthropist throughout his life too, donating his art to organizations such as the St. Thomas Kinsmen, Shriners, the Memorial Boys and Girls Club, Rotary Clubs throughout Southwestern Ontario, the St. Thomas Elgin General Hospital, of course, as well as the York County Hospital in Newmarket.

Peter was well known locally not only for his art but for his warm sense of humour and his generous heart.

"He was the love of my life and I know he would be honoured that his only story book was raising money to support our community’s most fragile patients."

In 1990, Peter decided that, despite a very busy period in his artistic life with major commissions and an upcoming official trip to the then Soviet Union, he would take a break and create a children’s book.

We both loved illustrated story books and Peter came up with Story Time Bear about an old bear who lived in an old house in Wobbly Woods. Every time the old bear falls asleep different characters of all kinds on all kinds of adventures tumble out of his book.

It was my distinct honour to write the story’s accompanying poems with a very good writer friend, John Peowrie. All three of us became children ourselves during the project and I am extremely pleased with the results!

Publishing Story Time Bear only became a priority after Peter passed. Steve and I knew it was too charming a concept, and one that speaks too perfectly to the very core of how my late husband lived his life.

Whenever Peter or myself were at STEGH, either visiting or as patients ourselves, it always touched us when we would hear Brahms’ Lullaby over the loud speaker telling everyone that a baby was just born.

Peter always loved hearing it because it meant that life continues and that although a hospital is a place where very sick people are being cared for, it is also a place in which new lives are celebrated every day.

I am thrilled to say that 100% of the proceeds from the sale of Story Time Bear books will be directed to the St. Thomas Elgin General Hospital’s Special Care Nursery. If you come to our gallery in Sparta, I will gladly personalize your copy and you can select your free print of any of the illustrations featured in the book.

It’s Peter’s Hospital. It’s Steve’s Hospital. It’s my Hospital.

But most of all, it’s OUR Hospital! Now go grab a cup of cocoa and let’s head down to the Wobbly Woods!

BUY YOUR COPY TODAY!

• $20 each
• 52 pages with 22 full colour illustrations
• Perfect bound in St. Thomas, Ontario by Impressions Printing and printed on high quality paper
• This first edition consists of 2,000 copies, and there are only 500 still available
• Books can be purchased at Peter Robson Studios in Sparta, the St. Thomas Elgin General Hospital Foundation, and selected retail locations throughout Elgin County
• Each edition includes a voucher for a FREE print of any of the illustrations featured in the book.
• You can contact Peter Robson Studios in Sparta seven days a week at 519.775.2522, or the Foundation office at 631.2030 x 2246 (M-F)
On Saturday, October 22nd, 2016, at the St. Anne’s Centre, the St. Thomas Elgin General Hospital Foundation hosted its fourth annual Black Tie Signature Gala event. Following an evening of gaming, auctions, music and entertainment that lasted well past midnight, the Masquerade Gala committee's original $50,000 fundraising goal was exceeded through the generosity of guests, donors and sponsors. Event proceeds will be directed to the purchase of STEGH's new CT Scanner, a crucial piece of healthcare equipment that will help keep OUR community’s families and friends safe.

At a recent wrap-up meeting, Committee volunteers were thrilled to receive the news that $60,000 was raised. “We could not be happier with the results,” says STEGH Foundation President Sandra DiMeo.

“Months of planning certainly paid off, and we are very thankful to our volunteers and Gala participants who deserve full credit for the exceptional results.”

New to this year’s Gala experience were members of the Railway City Rotary Club who assumed the role of volunteer croupiers at fourteen gaming tables; and participants in a vigorous live auction vied for incredible prizes, including five items donated by the McAdams family on behalf of award-winning actress, Rachel.

While it is currently difficult to imagine how the STEGH Foundation can possibly exceed this year’s fundraising results, the St. Anne’s Centre is already booked for Saturday, October 21st, 2017 when the STEGH Foundation will host its “Hooray for Hollywood” fifth annual signature Gala event.
Gala Committee Volunteers
Lois Hamilton, Co-Chair
Susan O’Brien, Co-Chair
Deanna Babcock
Elaine Clarke
Susan Cole
Gayle Fulton
Rita Herbert
Laurie Intven
Craig Jackson
Jeff Jenkins
Jill Jones
Pat Mellor
Ginette Minor
Tessa Parkes
Chris Patriquin
Dan Peterson
Eleanor Robson
Judy Thorner
Sue Warden
Janet Wilcox

Paper Faces $5,000

Grinning Yellows $1,000

Spinning Reds $500

Silent Auction & Live Auction

Access 2 Networks
Alexelle Slipcovers
Aline’s Fine Lingerie
Anderson Farms
Aqua Medical Spa
Barnacles Beer House, Port Stanley
Bella Jack’s
Belmont Golf Club
Brix & Stix
Canadale Nurseries Ltd.
CARSTAR Collision & Glass
Charles & Co.
Chris Cherry
Coca-Cola Refreshments Canada - Jamie O’Brien
David & Barbara Collins
Columbia Sportswear
Concreations
Cox Transportation
Creative Memories
Diamonds & Toads
Domino’s Pizza
Dragonfly Salon & Spa
Dulux Paints, St. Thomas
Elgin County Foot Services
Elgin Optical
Elgin Theatre Guild
Elgin Transmission
ESSO, Lynhurst
Eye Designs
Fernlea Flowers
Fitness Definition
Fixed Right Automotive
Robert Furneaux
GCW Custom Kitchens & Cabinetry
Lois Hamilton
Harley Davidson
Hartz Mountain
Kim Hughes
Jacqueline Kent Jewellery
Joe Thornton
Legacy Tattoo & Piercing
Legends Tavern
Lindt & Sprüngli (Canada), Inc.
Maplelea
Masco Canada
Maxwell’s Foto Source
Rachel McCadams and Family
McCormick Canada
Carolyne McLeod
Midtown Tavern
Miller Thomson Lawyers, Toronto
Dr. Patrick Milroy
Mark Milroy
Mugford Shoes
Rosemary Nagel
New Sarum Diner
Susan O’Brien
OPUS Salon and Spa
Peter Robson Studios, Sparta
Dan Peterson
Pleasant Valley Golf & Country Club
Roots Canada
St. Thomas Ford Lincoln
Sherry’s Gifts
Simply Pure Water
Shoppers Drug Mart, Edward Street
Spice Spa
Sue Warden Design Inc.
3M Canada
The Loft
The New New Age
The St. Thomas Golf & Country Club
The Thursday Girls - St. Josephs
Health Care Gift Shop
Thirty-One, Devin Clarke-Campbell
Toogood Studios
Vesta Parenting Centre/Vesta Shop
Walt Disney World
Western Fair District & OLG Slots
Wildflowers Tea
Wind n Willow
Wood’s Body Shop
Please introduce yourself. My name is Lorraine Lebel and I am a Nurse and Clinical Educator at STEGH. My role includes orientation and ongoing education of students, nurses and PSWs, just-in-time clinical support on the units and contributing to an excellent patient care experience by bringing best practice knowledge and research evidence to the bedside. I have worked at STEGH for more than 23 years.

Do you get excited about training staff? I love Nursing and I am excited and eager to continually learn myself, so it is amazing to have the opportunity to instil this passion and share what I have learned through my own education and experiences with others. It is thrilling to see Nurses gain confidence and competence in concepts and skills in the classroom and later in the units.

Tell us about Resusci Anne. Our new full-length simulator mannequin is a high-fidelity, computerized programmable life-like “patient” who provides realism in a training environment. She coughs when she turns on, has a heartbeat and pulse, and can produce a heart tracing on a heart monitor. Research shows that simulation is a safe and effective way for healthcare providers to learn new skills or maintain competency in a realistic way, which allows transfer of knowledge and physical skills to actual patient care. Anne can be programmed through her computer pad to simulate many typical patient situations and is able to give immediate feedback through her technology on mastery of a skill.

What would you like to say to donors? We can’t thank our donors enough or express our appreciation adequately on how much their support and generous gifts make a difference each and every day for our patients and staff!
Please introduce yourself. My name is Dr. Andy Van Houwelingen, but most of my patients call me Dr. Andy. I’m one of two Orthopaedic Surgeons here at the Hospital. I started working here in July 2011.

First, what is Power Equipment? Second, what does this new purchase mean? Power equipment is primarily used for bone and joint surgeries such as hip or knee replacements. Much like a power tool you have in your own home, we use it for implants, plates and screws.

What can we expect next from our Orthopaedic Program at STEGH? Excellent care, first and foremost. And, because Elgin County is an aging community we are also focusing on how to keep up with the demands of an older population.

In only one sentence, what would you like to say to donors? Thank you and please know this equipment will be heavily utilized.

2015/2016 Stats for Orthopaedic Surgeries at STEGH:

77 HIP REPLACEMENTS
118 KNEE REPLACEMENTS

2016/2017 Projected Stats for Orthopaedic Surgeries at STEGH:

70 HIP REPLACEMENTS
131 KNEE REPLACEMENTS
After five early pregnancy losses, Jessica and Kent Sorensen were excitedly awaiting the birth of their baby boy when things took a frightening turn. On November 2\textsuperscript{nd}, just shy of 29 weeks, Jessica started contractions and went into labour.

Jessica and Kent arrived in St. Thomas Elgin General Hospital’s Emergency Department and were immediately brought upstairs to the Labour and Delivery Unit where Jessica was stabilized and prepared for transport to London Health Sciences Centre. A team of two STEGH Nurses accompanied Jessica in the ambulance.

“These two Nurses were really good about explaining everything to me so that I knew what was going to happen. They stayed with me and reassured me that I would be back to STEGH with my baby soon,” says Jessica.

Kent and Jessica welcomed their son, Tuck, on November 5\textsuperscript{th}. Weighing a mere 3 lbs 15 oz, little Tuck remained in the Neonatal Intensive Care Unit in London for care and observation.

Jessica and Kent live in St. Thomas and one of the first questions they asked was, “When can we go back to our Hospital?”

The Special Care Nursery includes (but is not limited to) six isolette bays, a work station for two nursing staff and one Physician, medication prep area, hand washing sinks, and security upgrades.

Since the day it opened, STEGH’s Special Care Nursery has helped moms and dads through the experience of an early childbirth, often caring for babies who may have arrived as early as two months before their due date.
“The care in London was great, but we had really wanted to have our baby at STEGH, and it was important to us that we got transferred back to STEGH as soon as it was safe to do so,” says Jessica.

The cost of travel, parking and food in London was adding up, and Kent’s long work days made it difficult for him to get to London every day to see his newborn son.

On November 21st, just 16 days after he was born, Tuck was transferred back to STEGH’s Special Care Nursery where he would receive the specialized medical and nursing care pre-mature babies require.

“The transfer to our Special Care Nursery is a wonderful milestone for premature babies born in another hospital as it indicates that the baby is stable and has begun to feed by either tube or mouth,” explains Charlotte Etue, Manager of the Women and Children’s Program at STEGH. “Delivering a premature baby can be a frightening experience and being able to spend as much time as possible with your baby is important.”

Jessica and Kent are thrilled that their son is receiving care close to home and are grateful to the staff who are supporting them as new parents of a preemie.

“The Nurses here genuinely care and want parents to be successful so they can go home with their baby. They worked with us and asked us what we wanted to do and how we wanted to be involved,” adds Jessica. “The one-on-one care was amazing and we felt at home there.”

We’re pleased to say that Tuck went home just prior to Christmas and is thriving and growing with the love and support of his family.

The Special Care Nursery opened in early 2016 and was made possible through the proceeds of the 2016 World Tubing Championships, as well as a generous legacy gift.

Celebrate your life or the life of a loved one by making a Gift in Will to OUR Hospital! It’s easier than you think! Contact Joanne Beaton & get started today 519.631.2030 x2727 or jbeaton@stegh.on.ca

Kelly Garrod, CRN, Women & Children's Program
Return of The Worlds!

2017 Event coming to the Mountains of Elgin County Family Day Weekend

WHAT: A one-of-a-kind, no skills necessary Snow Tubing Competition set in the majestic Kettle Creek Valley, surrounded by roaring fires and roasting s’mores, all in support of OUR award-winning Hospital!


WHY: We are raising money to purchase a state-of-the-art CT Scanner for our redeveloped hospital.

HOW: Whether you want to cheer on those pursuing winter sporting glory, or take part in the competition yourself, The Worlds is open to everyone who believes in the power of community.

SPECTATORS: It is once again free to attend the World Tubing Championships. In fact, we are offering free shuttles from Elgin Mall, free s’mores courtesy of the Railway City Rotary and the Real Canadian Superstore, and free entertainment throughout the weekend.

PARTICIPANTS: Teams of four will raise $1,000 to compete for the prestigious title of World Champion. Teams can pay to participate or fundraise the entire amount. Any gift over $20 is eligible for a charitable tax receipt.

Last year’s event by the numbers:

$60,000 amount of $ raised

300,000 online event media impressions

0 the amount of snow we had on the ground one week before the event

39 number of teams that participated

2 number of fire eaters and bag pipers

1 Special Care Nursery Renovated

2017 World Tubing Partners:

Impressions Printing | Coad Heating, Air & My Fireplace | Geertlinks Home Hardware | Koolen Electric | JWA Group | McCaig Family | H. Broer Equipment & Sales | Steelway Building Systems | Streib Trucking | Callon-Dietz | Railway City Tourism | McDonald’s | EllisDon | Dowler-Karn | Advanced Motorsports | City of St. Thomas | Columbia Sportswear | Elgin Mall | Ontario Southwest Tourism | SOS Bins | St. Thomas RENT ALL | St. Thomas Gujarati Culture Club | Railway City Rotary Club | Diply.com | myFM 94.1 | BX93 | St. Thomas/Elgin Weekly News | Barnacles Beerhouse | Boston Pizza | Midtown Tavern | Quai du Vin | Railway City Brewery | St. Thomas Rotary Club | Real Canadian Superstore | Simply Pure Water | Las Chicas Del Café | Wildflowers Farms | Living Alive Granola | Out There Creative Therapy | Fanshawe College

Visit TheWorlds.ca to learn more!